

West Coast Menu Items	Size	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Starters / Sandwiches												
Parmesan Breadsticks		2,134	1,532	170	31	1	98	2,125	141	4	18	47
Spinach Artichoke Dip w Toasted Ravioli		713	377	42	15	0	140	1,800	70	14	12	30
Re-Imagined Sampler		1,964	1,168	130	45	0	340	6,357	103	11	12	90
Wisconsin Cheese Curds - Marinara		985	678	75	38	0	238	1,911	16	0	3	55
Wisconsin Cheese Curds - Ranch		1,330	1,029	114	44	0	274	2,130	16	0	3	55
Chicken Arrabiata Flatbread		715	268	30	6	1	69	1,429	81	3	6	36
Spinach Artichoke Dip Flatbread		1,125	656	73	11	1	99	1,763	86	5	7	46
Chicken and Artichoke Pesto Sandwich		1,052	337	37	10	0	97	4,257	140	9	8	57
Endless Soup & Salad												
Giordano's House Salad		174	142	16	3	0	3	404	7	2	4	2
Caesar Salad		323	263	29	7	0	25	587	12	2	4	11
Italiano Salad		372	305	34	7	0	34	1,020	8	2	3	10
Greek Salad		271	213	24	5	0	6	818	10	3	4	6
Chopped Chicken Salad		448	308	34	8	0	74	1,053	16	2	7	24
Soup of the Day - Minestrone		111	41	5	1	0	4	554	14	3	3	5
Soup of the Day - Tomato Basil		127	72	8	3	0	13	541	11	0	3	3
Parmesan Breadstick		284	185	21	4	0	11	281	23	1	3	8
Fresh Italian												
Spaghetti - Marinara	Entrée	480	90	10	0	0	0	778	78	4	9	13
Spaghetti - Meat Sauce	Entrée	627	186	21	6	0	53	1,068	78	7	7	29
Fettuccine Alfredo	Entrée	787	349	39	25	0	114	804	82	4	18	39
Fettuccine Alfredo with Chicken & Broccoli	Entrée	979	435	48	26	0	158	1,332	85	7	18	62
Chicken Parm Pasta	Entrée	901	282	31	4	0	114	1,719	96	6	10	54
	Family	1,802	563	63	7	0	227	3,439	192	12	20	108
Chicken Pomodoro	Entrée	733	291	32	6	0	89	1,093	79	6	7	42
Parmesan Crusted Pan Pizza (Whole Pizza)												
Parm Crusted Pan Pizza - Cheese	Small	2,261	1,429	159	54	1	275	4,923	154	7	36	128
	Medium	3,139	2,032	226	81	1	377	6,810	214	9	53	176
Parm Crusted Pan Pizza - Margherita	Small	2,351	1,516	168	61	1	282	4,809	153	7	36	124
	Medium	3,373	2,235	248	91	2	401	6,880	213	10	52	177
Parm Crusted Pan Pizza - Double Pepperoni	Small	2,717	1,852	206	78	1	359	6,653	157	7	36	138
	Medium	3,895	2,707	301	117	1	521	9,580	218	9	53	198
Parm Crusted Pan Pizza - White Spinach	Small	2,205	1,465	163	68	1	264	4,030	151	7	39	111
	Medium	3,195	2,153	239	100	1	390	5,939	213	10	58	163
Re-designed Thin Crust Pizza (Whole Pizza)												
Re-designed Thin Pizza - Cheese	Small	1,974	756	84	6	1	180	3,083	200	7	8	100
	Medium	2,731	1,053	117	9	2	252	4,283	274	10	11	140
	Large	3,351	1,310	146	10	2	324	5,357	327	12	14	176
Re-designed Thin Pizza - Pepperoni	Small	2,061	909	101	21	1	183	3,683	199	7	8	87
	Medium	2,965	1,310	146	27	2	288	5,318	274	10	11	137
	Large	3,588	1,589	177	31	2	357	6,477	327	12	14	169
Re-designed Thin Pizza - Sausage	Small	2,121	918	102	20	1	228	3,703	197	7	8	99
	Medium	3,095	1,364	152	27	2	358	5,518	271	10	11	155
	Large	3,788	1,688	188	33	2	452	6,857	324	12	14	193
Re-designed Thin Pizza - Fresh Spinach	Small	1,680	601	67	10	1	106	2,495	202	9	12	72
	Medium	2,309	830	92	13	2	146	3,431	276	12	16	99
	Large	2,800	1,018	113	16	2	186	4,241	330	15	20	123
Re-designed Thin Pizza - The Special	Small	2,108	903	100	16	1	188	3,332	204	9	14	93
	Medium	3,167	1,409	157	23	2	318	5,193	284	12	20	149
	Large	3,946	1,795	199	30	2	412	6,578	341	16	26	189
Re-designed Thin Pizza - Chicago Classic	Small	2,193	1,002	111	22	1	183	3,752	207	9	14	90
	Medium	3,182	1,463	163	28	2	288	5,433	287	12	20	140
	Large	3,891	1,804	200	33	2	357	6,638	345	16	26	174
Re-designed Thin Pizza - Meat & More Meat	Small	2,976	1,578	175	48	1	391	6,629	199	7	8	145
	Medium	4,445	(18)	(2)	(14)	1	(126)	(596)	160	11	13	(7)
	Large	5,693	2,405	267	83	1	741	10,707	114	(1)	(1)	238
Re-designed Thin Pizza - Super Veggie	Small	1,815	714	79	9	1	71	2,630	213	13	15	64
	Medium	2,548	1,020	113	13	2	107	3,672	294	19	22	92
	Large	3,092	1,254	139	15	2	129	4,443	353	23	28	111
Re-designed Thin Pizza - Chicken Sausage Deluxe	Small	1,713	611	68	10	1	170	3,084	200	8	12	80
	Medium	2,359	844	94	14	2	241	4,315	274	12	17	112
	Large	2,868	1,037	115	17	2	313	5,420	328	14	21	139
Re-designed Thin Pizza - Bacon BBQ Chicken	Small	2,321	856	95	14	1	194	4,447	194	66	5	161
	Medium	3,625	1,438	160	25	2	360	7,316	271	91	9	258
	Large	4,593	1,882	209	34	2	482	9,552	324	112	11	331

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Parmesan Crusted Pan Pizza (per slice)												
Parm Crusted Pan Pizza - Cheese	Small	377	238	26	9	0	46	820	26	1	6	21
	Medium	392	254	28	10	0	47	851	27	1	7	22
Parm Crusted Pan Pizza - Margherita	Small	392	253	28	10	0	47	801	26	1	6	21
	Medium	422	279	31	11	0	50	860	27	1	6	22
Parm Crusted Pan Pizza - Double Pepperoni	Small	453	309	34	13	0	60	1,109	26	1	6	23
	Medium	487	338	38	15	0	65	1,198	27	1	7	25
Parm Crusted Pan Pizza - White Spinach	Small	368	244	27	11	0	44	672	25	1	7	19
	Medium	399	269	30	12	0	49	742	27	1	7	20
Re-designed Thin Crust Pizza (per slice)												
Re-designed Thin Pizza - Cheese	Small	165	63	7	1	0	15	257	17	1	1	8
	Medium	171	66	7	1	0	16	268	17	1	1	9
	Large	168	66	7	1	0	16	268	16	1	1	9
Re-designed Thin Pizza - Pepperoni	Small	172	76	8	2	0	15	307	17	1	1	7
	Medium	185	82	9	2	0	18	332	17	1	1	9
	Large	179	79	9	2	0	18	324	16	1	1	8
Re-designed Thin Pizza - Sausage	Small	177	77	9	2	0	19	309	16	1	1	8
	Medium	193	85	9	2	0	22	345	17	1	1	10
	Large	189	84	9	2	0	23	343	16	1	1	10
Re-designed Thin Pizza - Fresh Spinach	Small	140	50	6	1	0	9	208	17	1	1	6
	Medium	144	52	6	1	0	9	214	17	1	1	6
Re-designed Thin Pizza - The Special	Small	140	51	6	1	0	9	212	17	1	1	6
	Medium	176	75	8	1	0	16	278	17	1	1	8
Re-designed Thin Pizza - Chicago Classic	Small	198	88	10	1	0	20	325	18	1	1	9
	Medium	197	90	10	1	0	21	329	17	1	1	9
	Large	183	83	9	2	0	15	313	17	1	1	7
Re-designed Thin Pizza - Meat & More Meat	Small	199	91	10	2	0	18	340	18	1	1	9
	Medium	195	90	10	2	0	18	332	17	1	1	9
	Large	248	132	15	4	0	33	552	17	1	1	12
Re-designed Thin Pizza - Super Veggie	Small	278	149	17	4	0	38	632	17	1	1	14
	Medium	285	156	17	5	0	41	667	16	1	1	15
	Large	151	60	7	1	0	6	219	18	1	1	5
Re-designed Thin Pizza - Chicken Sausage Deluxe	Small	159	64	7	1	0	7	229	18	1	1	6
	Medium	155	63	7	1	0	6	222	18	1	1	6
	Large	143	51	6	1	0	14	257	17	1	1	7
Re-designed Thin Pizza - Bacon BBQ Chicken	Small	147	53	6	1	0	15	270	17	1	1	7
	Medium	143	52	6	1	0	16	271	16	1	1	7
	Large	193	71	8	1	0	16	371	16	5	0	13
Impossible™ Topping	Small	227	90	10	2	0	23	457	17	6	1	16
	Medium	230	94	10	2	0	24	478	16	6	1	17
	Large	230	94	10	2	0	24	478	16	6	1	17
Impossible™ Topping (per slice)												
Impossible™ - Deep Dish	Small	107	62	7	3	0	0	150	4	1	0	8
	Medium	161	93	10	5	0	0	224	6	2	0	11
	Large	215	123	14	7	0	0	299	7	2	0	15
Impossible™ - Re-designed Thin	Small	107	62	7	3	0	0	150	4	1	0	8
	Medium	161	93	10	5	0	0	224	6	2	0	11
	Large	215	123	14	7	0	0	299	7	2	0	15
Impossible™ Topping (per slice)												
Impossible™ - Deep Dish	Small	18	10	1	1	0	0	25	1	0	0	1
	Medium	20	12	1	1	0	0	28	1	0	0	1
	Large	21	12	1	1	0	0	30	1	0	0	2
Impossible™ - Re-designed Thin	Small	9	5	1	0	0	0	12	0	0	0	1
	Medium	10	6	1	0	0	0	14	0	0	0	1
	Large	11	6	1	0	0	0	15	0	0	0	1